



Variety the Children's Charity of St. Louis Adventure Camp: Volunteer Opportunities

Interested in a meaningful and fun summer volunteer opportunity that will have a profound impact on children and teens with special needs in the St. Louis community? Want to be part of a group having fun and making a difference? If so, we encourage you to apply to be a volunteer at Adventure Camp.

About Variety

Variety is dedicated to empowering children and teens with disabilities by providing access to vital medical equipment, therapy services, and innovative recreation and performing arts programs. Our Adventure Camp is designed specifically for children and teens ages 4–20 with disabilities, offering opportunities to build friendships, explore new activities, and experience joy in a supportive environment.

Volunteer Overview

Camp Volunteers play an important role in creating a positive and engaging camp experience. Volunteers work alongside camp counselors, lead counselors, and specialists to assist campers, support daily activities, and contribute to a welcoming and inclusive environment.

This opportunity is ideal for individuals seeking meaningful, hands-on volunteer work that directly impacts the lives of children and teens with special needs in the St. Louis community.

Commitment

- Volunteers may apply to volunteer for up to 2 of the 6 weeks of summer camp.
- Typical camp hours: 8:30 a.m. – 3:00 p.m. unless otherwise communicated.
- Camp may be held at different locations through the St. Louis region each day
- *Volunteers of all abilities are welcome; however, individuals currently eligible to receive support from Variety are ineligible to volunteer.*

Volunteer Responsibilities

- Support a designated camp group (by age) alongside camp counselors and under the direction of the group's lead counselor.
- Support participation in daily activities by providing encouragement, modeling participation, and offering hands-on support when appropriate.
- Help create a fun, inclusive environment by promoting interaction and engagement among campers.
- Support smooth transitions between activities.
- Assist with setup and cleanup of activities and events.
- Work collaboratively with counselors, lead counselors, specialists, camp management and the management assistant to ensure a safe and positive experience for all campers.

Expectations for Volunteers

- Arrive on time and check in/out daily with camp management or the management assistant and the assigned Lead Counselor.
- Communicate respectfully and appropriately with all staff, volunteers, campers, and families.
- Attend mandatory volunteer training.
- Follow all camp rules, policies, procedures, and safety guidelines.
- Follow directions from camp management and the management assistant and contribute to a positive, respectful, and safe camp culture.
- Complete a background check (required for all volunteers aged 18+).
- Track service hours if needed and submit verification paperwork to camp staff within two months of service completion.
- Minimum age requirement: 14 years old.